

Needs Assessment

In March of 2015, PSA 2 AAA began distributing Needs Assessment surveys to the older adult population in its five county service region. The survey was conducted for four months and closed in June of 2015. The services proposed in this 2016-2020 Area Plan reflect the needs of the older adults surveyed during that process.

The PSA 2 AAA Needs Assessment Survey of Adult and Aging Populations asked a number of questions including, but not limited to, demographics; income; activities of daily living; caregivers; cash flow, health care, legal affairs, etc.; and whether and how often they utilize OAA programs. PSA 2 AAA further identified respondents with greater risk for isolation due to living alone and/or the inability to drive.

PSA 2 AAA began distributing surveys through its contracted Service Providers, Advisory Council members and Executive Board members. To extend its reach to community members who may not be recipients of OAA program services, PSA 2 AAA also performed outreach through local organizations such as Community Resource Centers, local libraries, the Shasta County Older Adult Policy Council, local Commission on Aging, the Siskiyou County Community Nutrition Advisory Council and other local organizations. Surveys were also distributed to older adults who attended local senior resource fairs such as the PSA 2 AAA hosted Senior Services Fair in Siskiyou County. The survey was distributed in the English and Spanish languages.

The outreach process was further expanded by conducting a mass mailing of surveys (over two thousand) to older adults who live in very rural communities where there is no senior center. This was conducted in an effort to identify the needs of older adults who live on the “outskirts” of our rural communities where there is often a great need for and absence of older adult services due to resource constraints.

PSA 2 AAA compiled and reviewed all data collected from the 900+ completed surveys returned to us. The summarized results helped to determine which programs PSA 2 AAA offered up for bid during its 2016-2020 Request for Proposals (RFP) process. The summary of results confirms the needs of its older adult population.

PSA 2 AAA, in using a convergent approach to identifying needs, also worked with its contracted Information & Assistance service providers to determine unmet needs of its senior population through data collection during service delivery. This data confirms the needs expressed through the survey process.

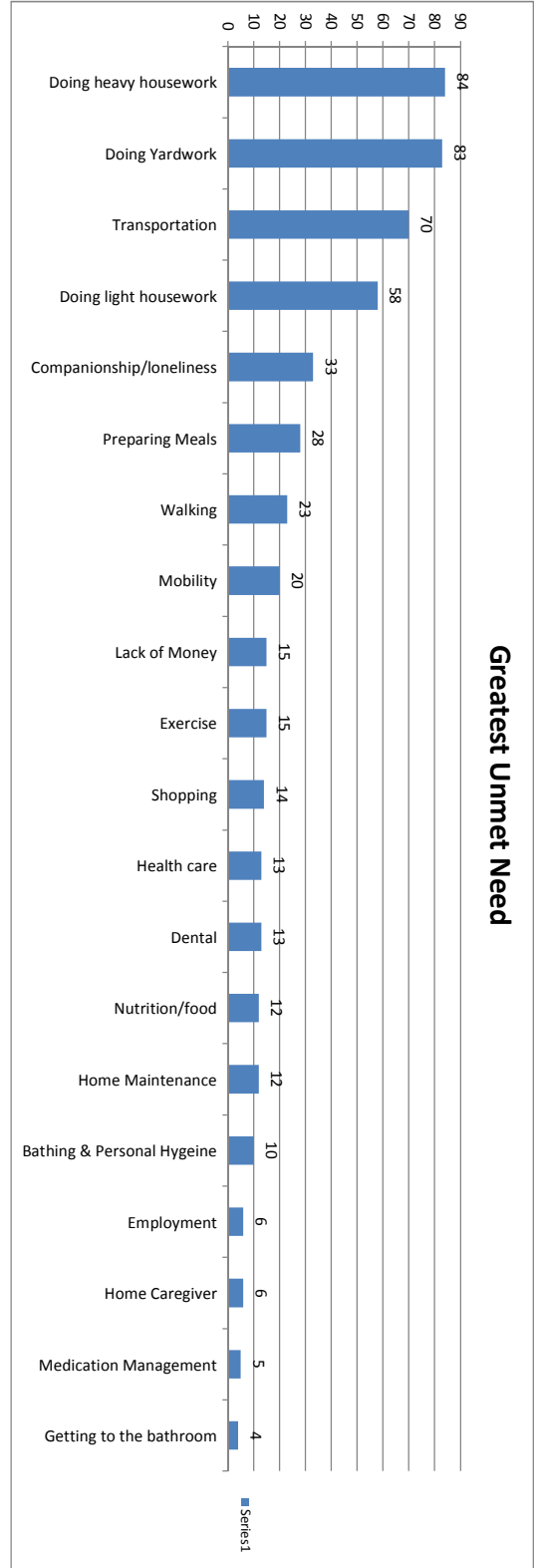
Transportation continues to be a very real and high priority need. The vast, sometimes mountainous, and largely unpopulated areas create an “invisible” barrier for many seniors who may drive with limitations or not at all. Fuel costs are also inhibitive when travelling such distances. Seniors who lack a local support system, such as friends or

family, are often “cut off” from services altogether when faced with either or both of these challenges. Transportation receives the highest allocation of Supportive Services dollars in PSA 2 AAA in response to these concerns. This service is essential in maintaining a quality of life which supports good health and wellbeing.

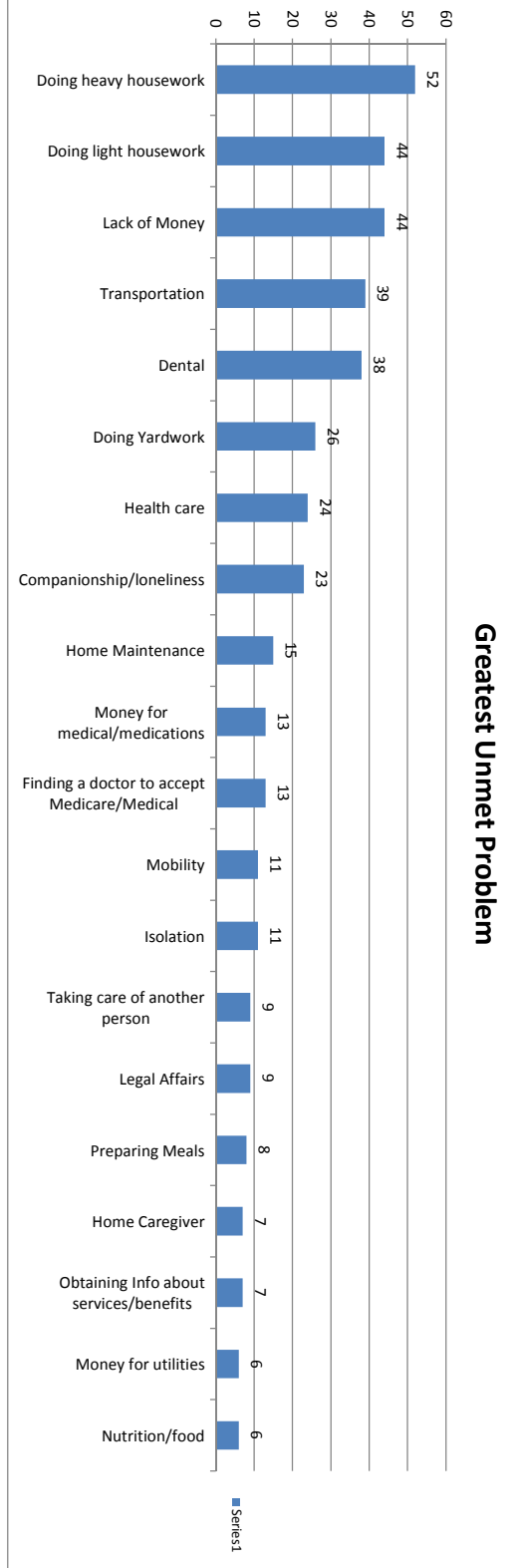
The next greatest need is for help in the home. PSA 2 AAA continues to offer Homemaker program services in an effort to meet this need.

Although PSA 2 AAA continuously strives to enhance services on all levels and increase the number of seniors accessing those services through outreach, there remain seemingly insurmountable barriers to reaching the most isolated seniors in its service area due to the lack of resources. Despite these challenges, PSA 2 AAA continues to work in concert with local communities to find solutions to break down these barriers and create a more accessible system of services.

Greatest Unmet Need

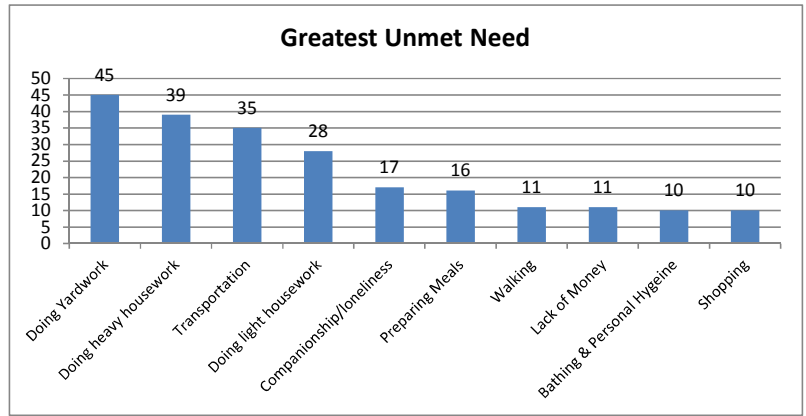


Greatest Unmet Problem

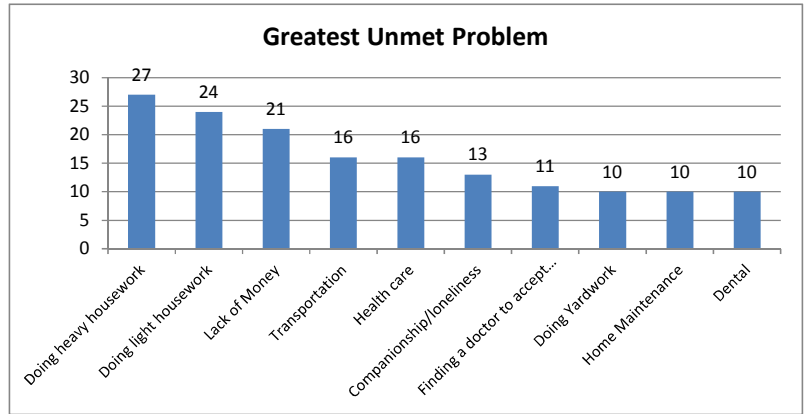


Shasta County

Greatest Unmet Need	
Doing Yardwork	45
Doing heavy housework	39
Transportation	35
Doing light housework	28
Companionship/Loneliness	17
Preparing Meals	16
Walking	11
Lack of Money	11
Bathing & Personal Hygiene	10
Shopping	10
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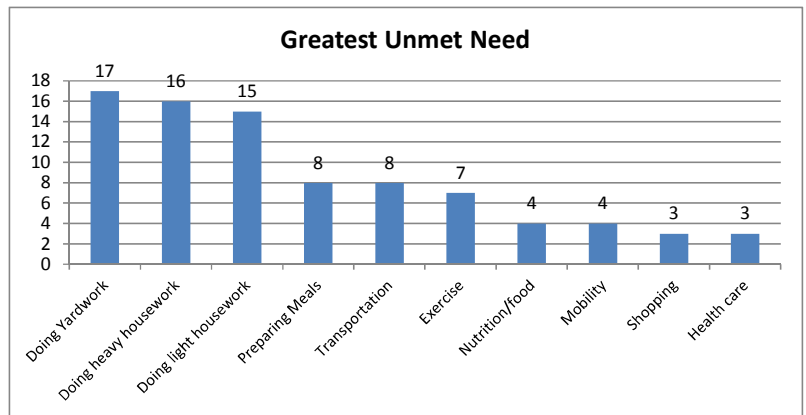


Greatest Unmet Problem	
Doing heavy housework	27
Doing light housework	24
Lack of Money	21
Transportation	16
Health care	16
Companionship/Loneliness	13
Finding a doctor to accept Medicare/Medical	11
Doing Yardwork	10
Home Maintenance	10
Dental	10
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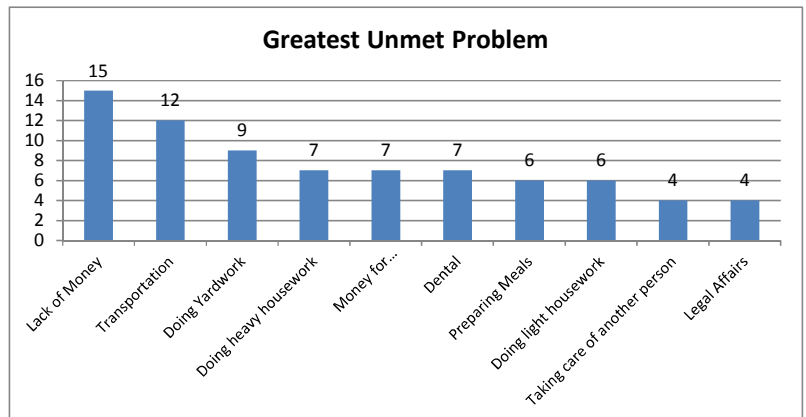


Siskiyou County

Greatest Unmet Need	
Doing Yardwork	17
Doing heavy housework	16
Doing light housework	15
Preparing Meals	8
Transportation	8
Exercise	7
Nutrition/food	4
Mobility	4
Shopping	3
Health care	3
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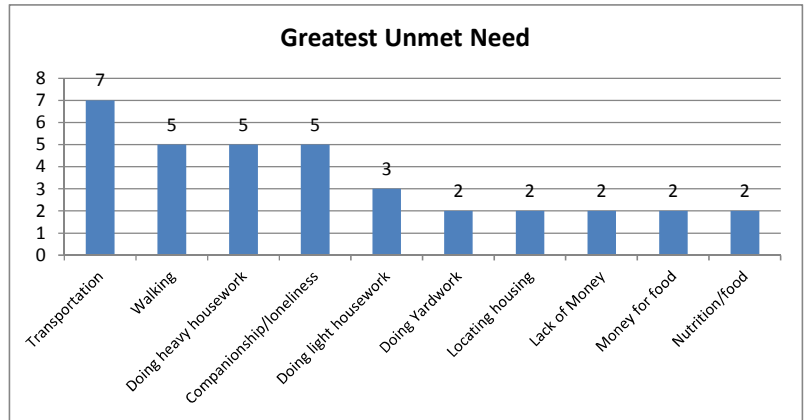


Greatest Unmet Problem	
Lack of Money	15
Transportation	12
Doing Yardwork	9
Doing heavy housework	7
Money for medical/medications	7
Dental	7
Preparing Meals	6
Doing light housework	6
Taking care of another person	4
Legal Affairs	4
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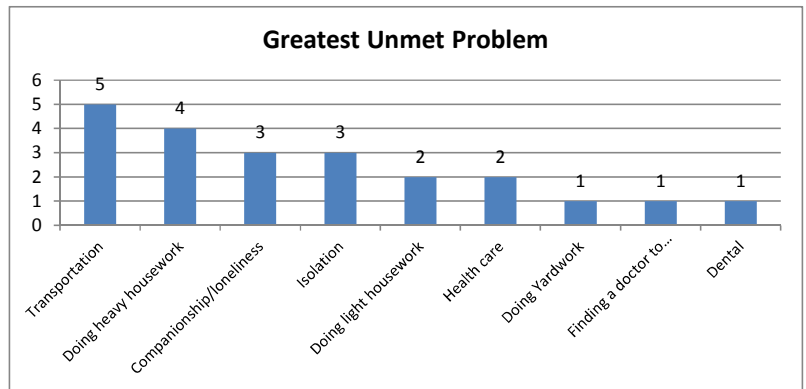


Trinity County

Greatest Unmet Need	
Transportation	7
Walking	5
Doing heavy housework	5
Companionship/loneliness	5
Doing light housework	3
Doing Yardwork	2
Locating housing	2
Lack of Money	2
Money for food	2
Nutrition/food	2
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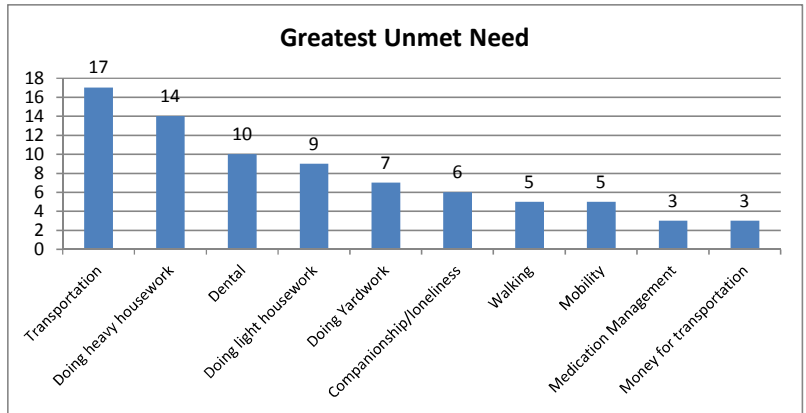


Greatest Unmet Problem	
Transportation	5
Doing heavy housework	4
Companionship/loneliness	3
Isolation	3
Doing light housework	2
Health care	2
Doing Yardwork	1
Finding a doctor to accept Medicare/Medical	1
Dental	1
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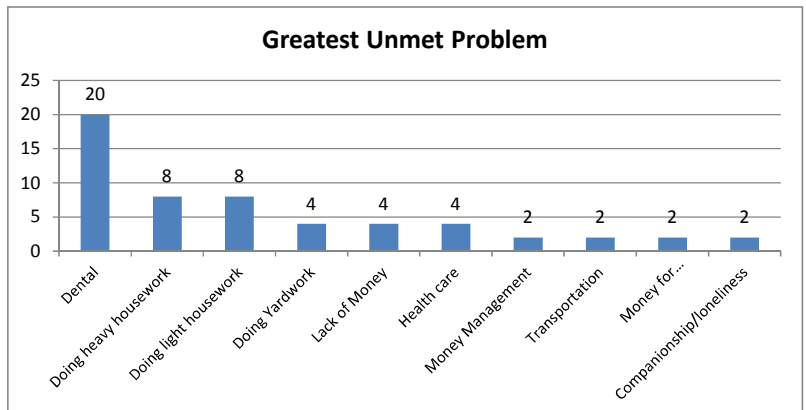


Lassen County

Greatest Unmet Need	
Transportation	17
Doing heavy housework	14
Dental	10
Doing light housework	9
Doing Yardwork	7
Companionship/loneliness	6
Walking	5
Mobility	5
Medication Management	3
Money for transportation	3
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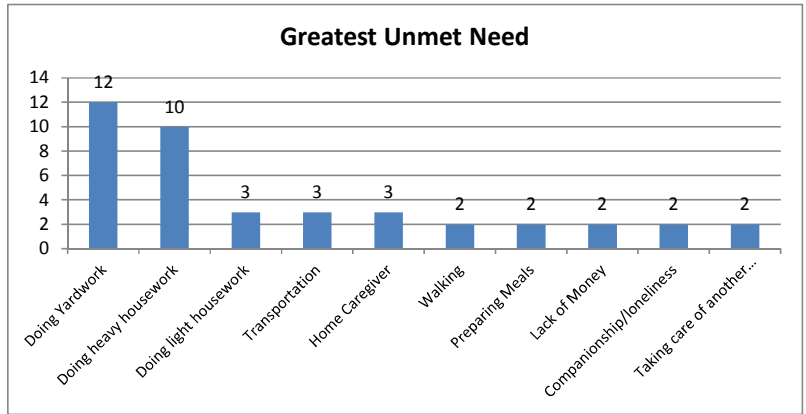
Greatest Unmet Problem	
Dental	20
Doing heavy housework	8
Doing light housework	8
Doing Yardwork	4
Lack of Money	4
Health care	4
Money Management	2
Transportation	2
Money for medical/medications	2
Companionship/loneliness	2
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Modoc County

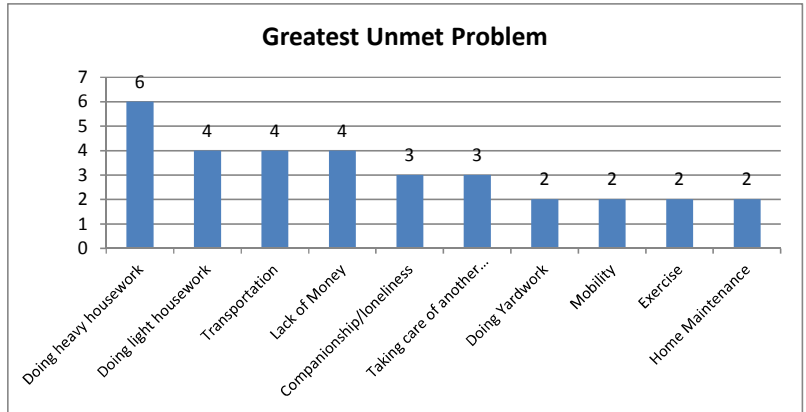
Greatest Unmet Need

Doing Yardwork	12
Doing heavy housework	10
Doing light housework	3
Transportation	3
Home Caregiver	3
Walking	2
Preparing Meals	2
Lack of Money	2
Companionship/Loneliness	2
Taking care of another person	2
Total	41



Greatest Unmet Problem

Doing heavy housework	6
Doing light housework	4
Transportation	4
Lack of Money	4
Companionship/Loneliness	3
Taking care of another person	3
Doing Yardwork	2
Mobility	2
Exercise	2
Home Maintenance	2
Total	32



Needs Assessment Results Summarized

